

TRUHockey Development: Confidence & Leadership Program Participant Info, Health History, Confidentiality, Release of Liability, Waiver of Claims, Assumption of Risks, and Indemnity Agreement ("RELEASE AGREEMENT")

Participant Information

Participant Name (Required):

First: _____ Last: _____

Date of Birth (Required): mm/dd/yyyy: _____

Parent / Guardian Name (if under 18):

First: _____ Last: _____

Phone (Required): _____

Email (Required): _____

What age group is the participant currently in? 10-12 13-15 16-18 19+ -

What areas of confidence or leadership are you hoping to improve the most? (Select top 1 or 2).

- Self-Confidence & Positive Self-Talk
- Leadership & Communication Skills
- Growth Mindset & Resilience
- Managing Stress & Emotions
- Decision-Making & Problem Solving



Teamwork & Collaboration

Would you like to be added to our email list to stay up to date on the latest programs?

Yes/No

Health History Intake

Does the participant have any of the following? (Check all that apply)

Asthma

Diabetes

Seizure Disorder

Heart Condition

Allergies (food, medication, environmental)

ADHD/ADD

Other (please specify): _____

If any allergies or health concerns were checked, please explain:

Is the participant currently taking any medications? (Include anxiety medications if applicable) Yes No If yes, please list: _____

Has the participant ever participated in counseling, therapy, leadership courses, or worked with a sports coach? Yes – please specify what, when, and with whom:

_____ No

Note: It is the sole responsibility of the parent/guardian to update TRUHockey Development in writing should any health information change during the program.

Consent to Release Agreement

I acknowledge that participation in TRUHockey Development’s Confidence & Leadership Program (virtual or in-person) involves various risks, including but not limited to emotional stress, fatigue, and challenges in group settings. I FREELY ACCEPT AND FULLY ASSUME ALL RISKS associated with participating in TRUHockey Development activities. I understand that all sessions, discussions, and activities are considered CONFIDENTIAL within the group setting, and personal information shared will not be disclosed outside the program except when required by law or with participant consent.

Release of Liability, Waiver of Claims, and Indemnity Agreement

In consideration of being permitted to participate in TRUHockey Development activities, I agree as follows: 1. TO WAIVE ANY AND ALL CLAIMS I may now or in the future have against the Releases, and TO RELEASE the Releases from any and all liability for loss, damage, injury, or expense that I may suffer as a result of participating in TRUHockey Development activities. 2. TO HOLD HARMLESS AND INDEMNIFY the Releases for any and all liability for property damage, personal injury, or loss to any third party resulting from my participation. 3. This Release Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, assigns, and representatives in the event of my death or incapacity. 4. This Agreement shall be governed solely by the laws of the province in which the TRUHockey Development activities take place. 5. Any litigation shall be brought solely within the jurisdiction of the Courts of that province.

FINAL AGREEMENT

In entering into this Release Agreement, I confirm that I am not relying on any verbal representations made by TRUHockey Development about the safety of the activities. I CONFIRM THAT I HAVE READ AND UNDERSTOOD THIS AGREEMENT, AND I AM AWARE THAT BY SIGNING IT I AM WAIVING CERTAIN LEGAL RIGHTS, WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS, ASSIGNS, OR REPRESENTATIVES MAY HAVE AGAINST TRUHockey Development.

Signature (Required): _____

Date (Required): _____

Printed Name of Parent / Guardian (if under 18) (Required):

Acknowledgement (Required)

By checking this box, I confirm that I am the legal Parent/Guardian of the participant registered in the TRUHockey Development Confidence & Leadership Program as printed above. I also agree that I have read this waiver and that by submitting this online or paper copy Registration Form, this waiver is binding.